



# Café Weekly Menu



## TARIFF AVAILABLE IN CAFÉ

WK COM 9 <sup>ND</sup> JULY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRESH BEAN COFFEE	CAPPUCCINO, BLACK AMERICANO, LATTE, FLAT WHITE, ESPRESSO				
FRESHLY MADE HEALTHY SMOOTHIES	ALL BASED ON FRESH FRUITS DAILY MENU AVAILABLE AT THE COUNTER				
MEAT LUNCH	A SELECTION OF PANINIS WITH SPICY LATTICE POTATOES <i>M,W</i>	FAJITA CHICKEN LEG WITH CHIPS AND COLESLAW <i>M</i>	CHICKEN SOUTHERN FRIED WITH POTATO WEDGES AND SALAD <i>M,W</i>	CHICKEN PASTA BAKE WITH GARLIC BREAD AND SALAD <i>M,W</i>	PEPPERONI/CHICKEN FAJITA PIZZA WITH SPICY LATTICE POTATOES <i>MW</i>
VEG LUNCH	A SELECTION OF PANINIS WITH SPICY LATTICE POTATOES <i>M,W</i>	QUORN FILED WITH CHIPS AND COLESLAW <i>M</i>	VEGETABLE KIEV WITH POTATO WEDGES AND SALAD <i>W,M</i>	JACKET POTATO BAKED BEANS & CHEESE WITH SALAD <i>M</i>	MARGERITTA PIZZA WITH SPICY LATTICE POTATO <i>MW</i>
SALAD POTS	TUNA MAYO PASTA POT CHICKEN SALAD PASTA POT FETA AND GREEN PESTO PASTA POT <i>E,M</i>				
SWEETS	CHOCOLATE BARS, COOKIES <i>W,M,N</i>				
AVAILABLE DAILY	A SELECTION OF SANDWICHES, A SELECTION OF WRAPS (READ LABELL FOR ALL ALLERGY INFORMATION) JUICES AND SOFT DRINKS AVAILABLE: CAWSTON PRESS, RIBENA, STILL WATER, SPARKLING WATER, FLAVOURED WATER				

### ALLERGY KEY



**W** – Wheat



**C** – Celery



**E** – Eggs



**F** – Fish



**L** – Lupin



**M** – Milk



**Mo** – Molluscs



**Mu** – Mustard



**N** – Nuts



**P** – Peanuts



**S** – Sesame Seeds



**So** – Soya



**Su** – Sulphur Dioxide