

PSHE & RSE Curriculum Map 2021-2022 [Draft]

	Aut1	Aut2	Spr1	Spr2	Sum1	Sum2
7	Transitioning to Secondary School *Including Personal safety & Healthy Routines	Personal identity * Families & friendships *Diversity, Prejudice & Bullying	Health & Puberty *Health influences & Puberty	Ark Ambitions *Careers & Aspirations	Relationships & Self-Worth * Romance & Friendships [including online] and Relationship Boundaries [Consent]	Money & Me [Lloyds Bank] *Financial Decision Making
<i>Theme</i>	Health & Well-being	Relationships	Health & Well-being	Careers & Pathways	Relationships & Sex Education	Living in The Wider World
8	FIRST GIVE COMPETITION *Social Responsibility *Social Action	Emotional Wellbeing *Mental Health & Emotional Wellbeing *Body Image	Ark Ambitions *Equality of Opportunity in Careers & Life Choices	Relationships & Identity *Gender identity *Discrimination [all forms] * Sexual Orientation	Crossing the Line: Online Safety	Healthy Lifestyle *Basic First Aid
<i>Theme</i>	Living in The Wider World [Social Action & Citizenship]	Health & Wellbeing and Relationships	Careers & Pathways	Relationships & Sex Education	Health & Wellbeing and Relationships	Health & Wellbeing and Relationships
9	Healthy Lifestyle *Diet & Exercise *Lifestyle Choices *Alcohol & Drug misuse *Peer Pressure	Respectful Relationships *Healthy & Unhealthy relationships *Sexting/Sending Pictures *Online Behaviour & Safety	Barclays Life Skills *Goal Setting *GCSE Options *Employability Skills	Intimate Relationships *Relationships & Sex Education *Consent, Contraception & Online Media	Peer Influence & Gangs *Exploitation *Peer Influence	EconoME [Financial literacy] *Impact of financial decisions *Debt & Gambling
<i>Theme</i>	Health & Wellbeing	Relationships & Sex Education	Careers & Pathways	Relationships & Sex Education	Health & Wellbeing	Living in The Wider World
10	STIGMA: Mental Health Awareness *Mental Health Stigma *Safeguarding Mental Health	Relationships & Identity [Stonewall] LGBTQ+ Awareness	Disrespect Nobody *Relationship Expectations *Myths & Challenges *Impact of Media	Extremism & Radicalisation *Communities *Belonging *Challenging Extremism	Relationships *Relationships & Sex *Contraception and risk of STIs *Conflict resolution	Ark Ambitions *Work Readiness Skills *Work Experience Readiness
<i>Theme</i>	Health & Wellbeing	Relationships & Sex Education	Relationships & Sex Education	Health & Wellbeing	Relationships & Sex Education	Careers & Pathways
11	DEAL [Developing Emotional Awareness & listening] *Stress & Anxiety *Coping Strategies	Ark Ambitions [Post 16 Options & Progression]	RSE [Consent, STIs & Contraception]	Lifestyle Choices [Knife Free, Sleep factor & Online Choices]	Study Skills & Intervention	
<i>Theme</i>	Health & Wellbeing	Careers & Pathways	Relationships & Sex Education	Health & Wellbeing	GCSE Preparation	